

COVID 19

Guidelines for General Public

Patients that test positive for COVID 19

- Patient should isolate a minimum of 5 days from ***positive test result***.
- Patients may leave isolation if they are asymptomatic (without symptoms such as cough and fever for 24 hours) at day 5, followed by 5 additional days of wearing a mask when around others.
- Generally, transmission of the virus occurs between 1-2 days prior to onset of symptoms and 2-3 days after.
- For those exposed to COVID 19, it is best practice to get a COVID 19 test at day 5 after exposure.
- If symptoms occur, individuals should quarantine immediately and notify their health care provider.
- Subject to change depending on CDC Guidelines.

<https://www.cdc.gov/media/releases/2021/s1227-isolation-quarantine-guidance.html>
For more information call our Population Health Department at 319-293-8744.

