



# JUST A HEALTHY REMINDER FROM

 **Van Buren**  
County Hospital  
*Simply Remarkable*

An Affiliate of  
**MERCYONE**

# YOUR HEALTH IS IMPORTANT TO US!

OUR RECORDS INDICATE THAT YOU ARE DUE FOR YOUR ANNUAL WELLNESS EXAM.

During your yearly visit, providers will review your personal health habits and potential risks. They will work with you to decide what testing is necessary.

## A FEW THINGS TO CONSIDER DURING THIS EXAM, ARE YOU DUE FOR....

- ☐ Colonoscopy
- ☐ Mammogram
- ☐ Wellness Labs
- ☐ Bone Density-Dexa Scan



You can schedule your Wellness Exam at any of our four clinics: Birmingham, Cantril-Fox River, Farmington or Keosauqua. Please call our direct scheduling number **319-293-8732** between the hours of 8:30am and 4:30pm or schedule online with MyChart!




Most insurances cover this yearly wellness exam, but please check with your personal insurance to make sure you are covered.









www.vbch.org

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**MERCYONE**



Access your health records anytime by using 

MyChart is a secure, online patient portal, that allows you and your family 24/7 access to your health information.

	<b>Appointments</b> Book and keep track of appointments
	<b>Test Results</b> Access and view test results
	<b>Medication</b> Request prescription refills
	<b>Medical Records</b> View your personal health record
	<b>Messages</b> Send & receive messages from providers & staff
	<b>Reminders</b> Receive health reminders

If you would like to sign up for MyChart visit [vbch.org](http://vbch.org) & click on the MyChart logo or call Jess at 319-293-3171 ext. 1256