

YOU WOULDN'T MISS THIS DATE!



An Affiliate of
MERCYONE

DON'T MISS THIS ONE EITHER!


OUR RECORDS INDICATE THAT YOU ARE DUE FOR YOUR ANNUAL WELLNESS EXAM.

During your yearly visit, providers will review your personal health habits and potential risks. They will work with you to decide what testing is necessary.







A FEW THINGS TO CONSIDER DURING THIS EXAM, ARE YOU DUE FOR....

- ☐ Colonoscopy
- ☐ Prostate Exam
- ☐ Wellness Labs



Access your health records anytime by using 

MyChart is a secure, online patient portal, that allows you and your family 24/7 access to your health information.

	Appointments Book and keep track of appointments
	Test Results Access and view test results
	Medication Request prescription refills
	Medical Records View your personal health record
	Messages Send & receive messages from providers & staff
	Reminders Receive health reminders

If you would like to sign up for MyChart visit vbch.org & click on the MyChart logo or call Jess at 319-293-3171 ext. 1256



You can schedule your Wellness Exam at any of our four clinics: Birmingham, Cantril-Fox River, Farmington or Keosauqua. Please call our direct scheduling number **319-293-8732** between the hours of 8:30am and 4:30pm or schedule online with MyChart!



Most insurances cover this yearly wellness exam, but please check with your personal insurance to make sure you are covered.



www.vbch.org

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