

VAN BUREN COUNTY HOSPITAL ERGONOMIC SERVICES



An Affiliate of
MERCYONE

 319-293-8712

ERGONOMIC SERVICES

Are you looking to decrease injuries and increase production in your work place?

Van Buren County Hospital offers a variety of ergonomic programs; from group presentations on the basics of ergonomics to in depth evaluations of areas with common injuries, we have all your ergonomic needs covered.

What is Ergonomics?

Ergonomics is the study of aligning the needs of a job with the ability of the worker and work environment to provide the most efficient workspace possible while simultaneously reducing the risk of injury.

Marissa Linn, COTA/L is a trained evaluator in industrial ergonomics employed through Van Buren County Hospital. Marissa became an Industrial Ergonomic Evaluator to merge her work experience with industries as an Occupational Health Coordinator and knowledge of anatomy, physiology, and activity analysis from her career as an Occupational Therapy Assistant.



MARISSA LINN, COTA/L

VBCH ERGONOMIC *Services*

VBCH offers the following ergonomic services:



Basic Ergonomic Assessment

Basic Ergonomic Assessment is designed to assess a worker's environment to ensure they are correctly set up to maximize comfort within the workplace. The assessment focuses on injury prevention, postural education, and reducing the risk of an individual's ergonomic setup causing pain or injury.

Education on:

- Best ergonomic setup for workstation
- Rest breaks
- Stretching and/or exercise programs

Report:

Includes a report on ergonomic observations and recommendations.

Comprehensive Ergonomic Assessment

A Comprehensive Ergonomic Assessment is designed to assess a work environment with common injuries and make recommendations to ensure workers have the correct setup to prevent any further pain/injury. This service includes an in depth work station analysis through the use of standardized ergonomic evaluations and assessments.

some work station evaluations will require use of video footage



Education on:

- Ergonomic concerns and suggested changes to workstation setup
- Ways to manage symptoms including stretching/exercise programs.

Report:

Includes a copy of evaluations and assessments used as well as a report on ergonomic observations and recommendations.



Group Ergonomic Presentations

Group Ergonomic Training is designed to provide your workforce with education on basic ergonomic principles and self-management strategies. Upon request, one on one workstation evaluations can also be performed.

Education on:

- Basic ergonomic principles
- Stretching and/or exercise programs

LEARN MORE >>

Van Buren County Hospital Therapy & Performance Center: 319-293-8715
Southeast Iowa Occupational Health: 319-293-8712



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