

LAST EDITED: 2025

VAN BUREN COUNTY

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# Community Services Directory



Brought to you by the Van Buren County Child Abuse  
Prevention Council & SAFE Coalition

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## EMERGENCY

Police.....	911
(Farmington) .....	319-878-3367 or 911
Van Buren County Sheriff (non emergency).....	319-293-3426
Iowa State Patrol.....	800-525-5555
Mt. Pleasant District 13.....	319-385-8715
Ambulance (Van Buren Co).....	911
Fire - First Response	
Birmingham.....	911
Bonaparte .....	319-592-3456
Cantril.....	911
Douds .....	911
Farmington.....	319-878-3367
Keosauqua.....	911
Milton.....	319-293-3426
Mt. Sterling .....	911
Stockport.....	911
POISON INFORMATION CENTER (Iowa City).....	800-222-1222
DEPENDENT ADULT OR CHILD ABUSE & NEGLECT (Iowa-24 hrs/day) .....	800-362-2178
FOUNDATION 2 CRISIS LINE (24 hrs/day) .....	800-332-4224
(Full service crisis line for abuse, rape, suicide, etc.)	

## ALCOHOLISM (See Substance Use)

## CHILDREN, JUVENILE & FAMILIES

### **American Red Cross (<https://www.redcross.org/>)**

2116 Grand Ave, Des Moines, IA 50312 .....515-243-7681

Hours are M-F 8:00 a.m. to 4:30 p.m. Emergency disaster response, 24-hour armed forces emergency services, health and safety classes.

### **Boy Scouts of America (<https://www.scouting.org/>)**

6123 Scout Trail, Des Moines, IA 50321 .....515-266-2135

Provides boys (7-18 years of age) an effective program designed to build desirable qualities of character, to train in responsibilities of participating citizenship and to develop better physical fitness.

### **Girl Scouts-Eastern Iowa and Western Illinois (<https://www.girlscouts.org/>)**

1308 Broadway, West Burlington, IA 52655..... 319-752-3639

To inspire girls with the highest ideals of character, conduct, patriotism and service that they may become happy and resourceful citizens. For all girls ages 5 to 17, and adult volunteers, 18 and older

### **Iowa Domestic Violence Hotline**

Domestic Violence Hotline.....800-770-1650

24-hour crisis line, provide help to victims of domestic violence, sexual assault, homicide, human trafficking and other violent crimes.

**Emergency Shelter Care (<https://ahfa.org/teens-young-adults/emergency-shelter/>)**

6941 Ashland Road Agency, IA 52530..... 641-937-5272

Emergency Shelter Care is designed to service up to 10 individuals and is a licensed co-ed facility. Residents at the Shelter are school age up to 18 years of age. These individuals are placed due to a family or personal crisis. The average stay is less than 30 days while the family, social worker and/or juvenile court considers placements options. Families and youth can make a self-referral, however appropriate written authorization must be obtained from a parent, guardian, or juvenile court in order to remain. The Shelter is funded through a contract with the Iowa Department of Human Services. Residents are given daily responsibilities, participate in group discussions, have planned recreational activities, and attend school when in session.

**Iowa Aftercare Services Network (<https://ahfa.org/teens-young-adults/aftercare/>)**

American Home Finding Association.....641-682-3449

Voluntary services and support offered through the Iowa Aftercare Services Network (IASN) are designed to help foster care alumni ages 18 – 23 move toward stability and self-sufficiency in six key areas: education, employment, housing, health, life skills, and relationships. Participants meet at least twice monthly with a Self-Sufficiency Advocate (SSA) who partners with youth to help them address barriers and develop skills to achieve their individual goals. In addition, needs-based financial support is available to youth who qualify for the Preparation for Adult Living (PAL) program.

**Family Crisis Center (<https://familycrisiscenteriowa.org/>)**

Ottumwa, IA 52501.....Domestic Violence Hotline: 800-464-8340

.....Sexual Assault Crisis Hotline: 800-270-1620

Email: [help@familycrisiscenteriowa.org](mailto:help@familycrisiscenteriowa.org)

Serves Appanoose, Davis, Jasper, Jefferson, Keokuk, Lucas, Mahaska, Marion, Monroe, Poweshiek, Wapello, and Wayne. Helps victims to find safety and resources to live violence free. The FCC no longer operates a shelter, but they do provide safe housing in scattered sites throughout our service area.

**Teen Line**.....800-852-8336

.....TEXT TEEN to 839863

Health information and referrals for teens with topics such as: health, eating/weight concerns, relationships, violence, AIDS/HIV, drug or alcohol use, sexual relationships, birth control and pregnancy, stress, and sexually transmitted diseases.

**Van Buren Parents as Teachers (VBPAT)**

Located in the VBCH Community Services Center 308 Mulberry St. Keosauqua, IA 52565

Parents as Teachers .....319-293-6276

Toll free .....800-221-6276

VBPAT is a free early learning evidence-base program, designed to enhance child development and school achievement through; personal in-home visits, developmental screenings, group connections and community resources. VBPAT offers a NEST education program for pregnant women and for families with children under 3 years old. The NEST program offers incentives that allow families to earn points to be used in the NEST store for items such as: diapers, wipes, books, puzzles and other essential needs.

**Van Buren County Hospital Child Health Specialty Clinics**

For more information, call..... 641-682-8145

Cheryll Jones ARNP, CPNP, FAAP serves Iowa children and youth, birth through 21 years of age, who have, or are at risk of having, a special healthcare need. These special healthcare needs can include; chronic conditions like asthma or diabetes, behavioral or developmental disorders, and more complex medical needs. Services in Keosauqua at the Community Services Center on the first Tuesday of each month.

**HAWK-I (<https://dhs.iowa.gov/hawki>)**

.....800-257-8563

Health insurance for eligible children at no-cost or low-cost. Assists in payments for doctor visits, hospital stays, prescriptions, well-child visits, immunization, dental services, vision services and more.

Hours: Monday – Friday 8 a.m. to 5 p.m.

**Iowa Health & Human Services (<https://hhs.iowa.gov/>)**

304 South Maple Ave. Suite 100, Fairfield IA 52556.....641-472-5011

Toll free.....800-642-6249

Keosauqua Hours by appointment only. Fairfield Hours M-F 8:00 a.m.-4:30 p.m. Eligibility: Available with regard to income in Economic Assistance Programs and with out regard to in come in the Service Programs.

Economic Programs: FIP (Family Investment Program), Food Stamps, Medical Assistance (Medicaid), Child Care Assistance. Service Programs: Family Centered Services, Foster Care Services, Foster Home/Adoption Licensing. Child Abuse: Assessments, Investigations & Dependent Adult Evaluation, Children and Adult Waiver Programs, Protective Child Care.

**Iowa State University Extension & Outreach (<https://www.extension.iastate.edu/>)**

Extension Office, P.O. Box 456, 20493 Hwy 1, Keosauqua, IA 52565.....319-293-3039

Hours: Mon-Thurs 8:00 a.m. to 4:30 p.m. (closed 12:00-12:45) & Friday by appointment

Extension Helplines:

Answer Line (questions relating to home & family) .....800-262-3804

Beginning Farmer Center (educational resources regarding farm transition and estate planning).....515-357-6680

Iowa Concern (financial questions, legal education, stress counseling, crisis/disaster resources and referral) .....800-447-1985

Iowa Healthy Families (health information and referral).....800-369-2229

Teen Line .....800-443-8336

**Juvenile Court Services**

406 Dodge St., Keosauqua, IA 52565.....319-293-3426

304 South Maple, Fairfield, IA 52556.....641-472-3012

**1<sup>st</sup> Five (<https://hhs.iowa.gov/programs/programs-and-services/family-health/1st-five>)**

American Home Finding Association

333 Church St, Ottumwa, IA 52501.....641-682-8784

1st Five is a public-private partnership bridging primary care and public health services in Iowa. The 1st Five model supports health providers in the earlier detection of social-emotional and developmental delays and family risk-related factors in children birth to years old and coordinates referrals, interventions and follow-up.

**I-Smile (<https://ahfa.org/i-smile-dental-health/>)**

American Home Finding Association

217 E 5th St, Ottumwa, IA 52501..... 641-682-3499

I-Smile is the oral health component of the statewide Maternal Health and Child and Adolescent Health programs, managed by Iowa HHS. There are 15 I-Smile Coordinators around the state who are responsible for working with children and families; dentists and dental office staff; medical providers; school nurses, teachers and administrators; businesses; civic organizations; and social service organizations.



**Optimae Life Services (<https://www.optimaelifeservices.com/>)**

206 W. Burlington, Fairfield, IA 52556.....641-472-5771

605 E. Winfield, Mt. Pleasant, IA 52641 .....319-385-2830

Individual psychotherapy, marriage counseling, family therapy, psychiatric evaluations, medical management, critical incident stress debriefing, psychiatric services. After hours emergency services. Also provides in-home and community support.

**Sieda Community Action (<https://www.sieda.org/>)**

Neighborhood Resource Centers

Van Buren County: 902 4<sup>th</sup> St., Keosauqua, IA 52565 .....641-640-9773

Davis County: 203 South Madison St., Bloomfield, IA 52537.....641-664-1911

Wapello County: 725 West Second St., Ottumwa, IA 52501.....641-682-8741

Jefferson County: 2200 West Jefferson Ave. Fairfield, Iowa 52556.....641-472-6140

Toll free .....800-622-8340

**Christmas for Kids:** apply at the Keosauqua Sieda office. Must meet income guidelines.

**Child Development/Head Start:** Center-based preschool meets (4) days per week, nutritious meals/snacks, health screenings, field trips, referrals, literacy/education needs, services/referrals for children with special needs, limited transportation provided. Must meet income guidelines or special needs criteria.

**Behavioral Health & Treatment Services** (See Substance Use)

**Housing Stabilization** (See Housing) **Resource Center:** Information & application for any Sieda program including: LiHEAP (heat assistance), weatherization, utility bill assistance, budget counseling. Also information & referral to other service agencies.

**FDSS (Family Development & Self-Sufficiency)** – a trained family development specialist works intensively with families to stabilize and assist them to become self-sufficient. Work is done in-home through regular visits. Tools used are assessments, goal setting activities, support, advocacy, group meetings, special needs assistance and referrals to community resources.

**Domestic Violence Intervention Program/Rape Victim Advocacy Program (<https://dvipiowa.org/>)**

1105 S. Gilbert Court, Iowa City, IA, 52240 (Main Office)

24 Hour Hotline TTY & Interpretation services available .....800-373-1043/800-228-1625

24 Hour crisis hotline for those affected by domestic and sexual violence

Free and confidential services, immediate police & hospital intervention for domestic violence and sexual assault, domestic violence & sexual assault advocacy, support groups, confidential shelter, individual counseling, public & school education, child advocacy. Service coordinators available to meet in local communities.

**Department of Correctional Services**

Jefferson County Office: 1805 West Jefferson Fairfield, IA 52556.....641-472-4242

**Van Buren County Community Services – General Assistance**

404 Dodge St., Keosauqua, IA 52565 .....319-293-3793

Hours are M-F 8:00 a.m.-4:30 p.m. General Assistance: must meet income & resource guidelines in order to receive County Medical Assistance. Also provide assistance with utilities, rent, food, clothing, funeral expenses, & transportation when all other sources have been exhausted. Salvation Army: Providing immediate, but temporary emergency assistance that is not provided by another area agency. Types of crisis assistance is: transient meals, lodging, car repairs, gas, and medications.

**WIC – (Women, Infants, Children) (<http://ahfa.org>)**

333 Church St., Ottumwa, IA, 52501.....641- 682-8784 or 800-452-1098

Van Buren County WIC Clinic: 308 Mulberry St. Keosauqua, IA 52565 on day of clinic only.

WIC helps new mothers and children at risk of poor nutrition. It provides healthy food, nutrition education and referrals to other agencies so babies and children grow up healthy.

**Iowa Home Care (<https://iowahomecare.com/>)**

13133 Angle Road Ottumwa, IA 52501..... 641-226-5050

Offer one-on-one in home nursing services for children with special medical needs up to 24 hours per day. In addition to other services and types of care, they monitor respiratory, cardiovascular, GI, GU, neurological and integumentary systems.

**CHURCHES****Birmingham**

Birmingham Community Church, 150 W. Cheshire St., Birmingham, IA .....319-498-4585

**Bonaparte**

Baptist Church, 409 Washington St., Bonaparte, IA .....319-592-3613

Bonaparte United, 412 5th St., Bonaparte, IA.....319-592-3123

**Cantril**

Cantril Christian Church, 216 Brown Street, Cantril, IA

**Douds**

Bethel Worship Center, 14063 Walnut St., Douds, IA .....641-936-7173

Zion Bible Church, 15918 Hwy. 16, Douds, IA .....641-936-4416

Christ United Methodist, 14491 Hwy 98, Douds, IA.....641-936-4361

**Farmington**

First Baptist, 603 Tremont St., Farmington, IA .....319-878-3735

United Methodist, 407 S. 4th St., Farmington, IA .....319-878-4140

St. Boniface, 609 Washington St., Farmington, IA.....319-878-3736

**Keosauqua**

Center Chapel, 24057 Osage Ave, Keosauqua, IA.....319-293-3377

Christian Church, 210 Main St., Keosauqua, IA .....319-293-3645

Church of Jesus Christ Keosauqua Restoration Branch,  
906 Broad St Keosauqua, IA 52565 .....319-293-3917

First Congregational Church, 401 Van Buren St., Keosauqua, IA .....319-293-2538

Heritage Baptist Church, 22401 Rte. J40, Keosauqua, IA, .....319-293-8164

United Methodist, 406 Cass St., Keosauqua, IA.....319-293-3447

Lebanon United Methodist Church, 21918 Rte. V64, Keosauqua, IA.....319- 397-2272

**Milton**

Christian Church, 301 E. Oak St. Milton, IA.....641-656-4647

**Stockport**

Christian Church, 217 S. Main St., Stockport, IA.....319-796-2293

Methodist Church, 214 N. Main St., Stockport, IA .....319-796-4602

## COUNSELING SERVICES (See Mental Health, Women's Health, Substance Use, and Support Groups)

### CHILD CARE

#### **Iowa Child Care Resource and Referral (<https://iowaccrr.org/>)**

Davenport Office that covers Van Buren County .....866-324-3236

Hours: Monday through Friday: 7:30 a.m. to 4:30 p.m.

Maintains lists of current licensed/registered child care providers and provides information on choosing quality child care. Helps current registered providers with information, training, and resources such as childcare food programs, equipment and supplies for their business.

#### **Iowa Health & Human Services (<https://hhs.iowa.gov/>)**

304 South Maple Ave. Suite 100, Fairfield, IA 52556.....641-472-5011

Toll free.....800-642-6249

Child care and protective child care. Maintains lists of registered child care providers in Van Buren County.

#### **Van Buren County Hospital Child Care Center ([https://vbch.org/community/child\\_care\\_and\\_preschool/](https://vbch.org/community/child_care_and_preschool/))**

Located in the Community Services Center North of Van Buren County Hospital

308 Mulberry St. Keosauqua, IA 52565.....319-293-3300

Hours are M-F 5:30 a.m. to 6:00 p.m. Licensed Child Care Center - ages 6 weeks to 12 yrs. Weekly, daily, hourly rates. Age-specific activities. Emphasis on skill development through creative play. Before and after school care.

#### **Keo Kids Daycare**

307 Main St, Keosauqua, IA 52565.....319-293-8112

Home daycare that offers childcare programs for nearby families in Keosauqua. The director offers programs for a variety of ages including infants, preschoolers, and school age. Daily care is available on Monday, Tuesday, Wednesday, Thursday, and Friday.

### DRUG ABUSE (See Substance Abuse)

### EDUCATION/JOB TRAINING

#### **Boy Scouts of America (<https://www.scouting.org/>)**

6123 Scout Trail, Des Moines, IA 50321 .....515-266-2135

Provides boys (7-18 years of age) an effective program designed to build desirable qualities of character, to train in responsibilities of participating citizenship and to develop better physical fitness.

#### **Girl Scouts-Eastern Iowa and Western Illinois (<https://www.girlscouts.org/>)**

1308 Broadway, West Burlington, IA 52655..... 319-752-3639

Work to inspire girls with the highest ideals of character, conduct, patriotism and service that they may become happy and resourceful citizens. For all girls ages 5 to 17, and adult volunteers, 18 and older.

#### **Sieda Community Action FaDSS Program (<https://www.sieda.org/child-development/family-development-and-self-sufficiency-fadss/>)**

902 Fourth St., Keosauqua, IA 52565.....641-640-9773

725 West 2<sup>nd</sup> St., Ottumwa, IA, 52501.....641-682-8741

Toll free .....800-622-8340

Strength based, family driven, in-home case management designed to help get families off public assistance.



**Indian Hills Community College (<https://www.indianhills.edu/>)**

Ottumwa Campus: 525 Grandview, Ottumwa, IA 52501-1398 .....641-683-5111

Toll free .....800-726-2585

Centerville Campus: 721 N 1st St. Centerville, IA 52445 .....641-856-2143

Associate Degrees, Diploma Programs, Continuing Education, Adult Literacy, ABE/GED, Displaced Homemaker/Single Parent Program, Recertification or Licensure Courses. ICN Education Classes – offer regular college credit classes at local communities. Call for class offerings.

**Iowa State University Extension & Outreach (<https://www.extension.iastate.edu/>)**

Extension Office, P.O. Box 456, 20493 Hwy 1, Keosauqua, IA 52565.....319-293-3039

Hours: Mon-Thurs 8:00 a.m. to 4:30 p.m. (closed from 12-12:45) & Friday by appointment only

Van Buren County Extension serves Iowans through four program areas: Agriculture and Natural Resources, Human Sciences, 4-H Youth Development and Community Economic Development.

The Van Buren County Extension Council, county staff and ISU Extension and Outreach staff work together to provide research-based learning opportunities for our citizens. Through this partnership, we carry Iowa State University's land-grant mission across Van Buren County.

**Job Corps (<https://ottumwa.jobcorps.gov/>).....800-733-5627**

15229 Truman St, Ottumwa, IA 52501.....641 682-2000

Comprehensive employment training program available to men and women ages 16 – 24.

**Iowa WORKS (<https://workforce.iowa.gov/locations/iowaworks-ottumwa>)**

15260 Truman St, Ottumwa, IA 52601 .....641-684-5401

Mon-Fri 8:00 a.m. to 4:30 p.m with exception of Wednesday 9:00 a.m. to 4:30 p.m.

Services include: one-on-one career assistance, virtual workshops and resume building, labor market information, unemployment assistance, connection to training and workforce programs. In-person and virtual services are available.

**Great Prairie AEA (<https://www.gpaea.org/>)**

2814 N. Court Street, Ottumwa, IA 52501.....641-682-8591

.....800-622-0027

Provide special education support services, media, and technology services, a variety of instructional services, professional development, and leadership to promote school improvement.

**Iowa Vocational Rehabilitation Services (<https://ivrs.iowa.gov/welcome-ivrs>)**

15260 Truman St Suite 4, Ottumwa, IA 52501.....641-682-7569

Hours Mon-Fri 8:00 a.m. to 4:30 p.m. Serving Des Moines, Lee, Louisa and Van Buren Counties. Employment program for individuals who experience a disability. Focus on service delivery that helps people prepare for, get, keep, and advance in employment. IVRS is an individualized program. It delivers employment services based on your unique individualized employment plan.

**EMPLOYMENT/JOB PLACEMENT****Center Village Vocational Service**

19248 Maple Avenue Keosauqua, IA 52565 .....319-293-3107

These services are rehabilitative, facilitative, and educational in nature. The development of vocational and independent living skills are the principle purpose of the programs. Individual plans are designed to assist the individual meet goals related to their own particular vocational or living skill needs.

**Iowa WORKS (<https://workforce.iowa.gov/locations/iowaworks-ottumwa>)**

15260 Truman St, Ottumwa, IA 52601 .....641-684-5401

Mon-Fri 8:00 a.m. to 4:30 p.m. with exception of Wednesday 9:00 a.m. to 4:30 p.m.

Services include: one-on-one career assistance, virtual workshops and resume building, labor market information, unemployment assistance, connection to training and workforce programs. In-person and virtual services are available.

**Van Buren Job Opportunities ([https://vbch.org/community/van\\_buren\\_job\\_opportunities/](https://vbch.org/community/van_buren_job_opportunities/))**

Located in the VBCH Community Services Center

308 Mulberry St. Keosauqua, IA 52565.....319-293-6276

Or toll free .....800-221-6276

Office hours: Mon-Fri 8:00 a.m. to 4:00 p.m. Services include: community-based vocational assessments, supported employment services for people with disabilities, job enhancement services of job seeking skills training, career counseling, etc.

**FOOD, CLOTHING & FINANCIAL****Bonaparte**

Job's Closet Food Pantry, 602 8<sup>th</sup> St., Bonaparte, IA 52620..... 641-919-0882

Second and Fourth Friday of each month, 10:00 a.m. – 4:00 p.m.

**Farmington**

203 Elm St., Farmington, IA 52626.....319-878-3978

1<sup>st</sup> and 3<sup>rd</sup> Thursday of the month 1-4 p.m.

**Keosauqua Community Food Bank**

405 Dodge St, Keosauqua, IA 52565.....217-357-5852

Tuesday 3:30 p.m.-6:00 p.m. & Wednesday 10:00 a.m.-1:15 p.m.

**American Red Cross (<https://www.redcross.org/>)**

2116 Grand Ave Des Moines, IA 50312.....515-243-7681

408 E. Main St, Ottumwa, IA 52501.....641-682-4571

Red Cross volunteers and staff work to deliver vital services – from providing relief and support to those in crisis, to helping you be prepared to respond in emergencies.

**Iowa Department of Health & Human Services (<https://hhs.iowa.gov/>)**

304 South Maple Ave. Suite 100, Fairfield, IA 52556.....641-472-5011 or 800-642-6249

406 Dodge St. Keosauqua, IA 52565 (by appointment only)

Fairfield Hours: Mon – Fri 8:00 a.m. to 4:30 p.m. Eligibility guidelines FIP (Family Investment Program), Food Stamps, Medical Assistance (Medicaid)

**The Well Resource Center (<https://thewelliowa.org/fairfield/>)**

1700 S. Main Street, Fairfield, IA 52556.....641-819-4044

Hours: Mon, Wed, Thurs 10:00 a.m.-5:00 p.m., Fri 10-3

Offer support & advocacy, financial assistance, encouragement, development plans, resource referral, and thrift store.

**Farm Financial Planning Program (<https://www.extension.iastate.edu/farmanalysis/>)**

Extension Office, P.O. Box 456, 20493 Hwy 1, Keosauqua, IA 52565.....319-293-3039

Consists of one-on-one financial counseling, a computerized analysis of the farm business, and referral to other extension programs or outside services that may be useful.

## **Van Buren County Community Services**

404 Dodge St, Keosauqua, IA 52565 .....319-293-3793

Hours: Mon-Thurs 8:00 a.m. to 4:00 p.m. General Assistance: must meet income & resource guidelines in order to receive medical assistance. Also offer assistance with utilities, rent, food, clothing, funeral expenses, & transportation when all other sources have been exhausted. Salvation Army Services - providing immediate, but temporary emergency assistance that is not provided by another area agency. Types of crisis assistance are transient meals, lodging, car repairs, gas, and medications.

## HEALTH CARE (See also Substance Abuse, Women's Health)

### **Ambulance**

Keosauqua.....911

Serves Birmingham, Bonaparte, Cantril, Douds, Keosauqua, Milton, Mt. Sterling & Stockport  
Farmington.....319-878-3367

### **American Red Cross (<https://www.redcross.org/>)**

224 E. 2<sup>nd</sup> St. Ottumwa, IA 52501 .....641-682-4571

Offer first aid & CPR classes. Check their website or call to find upcoming blood drives in the area.

### **HAWK-I (<https://hhs.iowa.gov/programs/welcome-iowa-medicaid/iowa-health-link/hawki>)**

.....800-257-8563

Health insurance for eligible children at no-cost or low-cost. Assists in payments for doctor visits, hospital stays, prescriptions, well-child visits, immunization, dental services, vision services and more.

### **Van Buren County Public Health Nursing Service**

404 Dodge St. Keosauqua, IA 52501 .....319-293-3431

Hours: Mon-Fri 8:00 a.m.-4:30 p.m.

Skilled Nursing Care, Homemaker/Home Health Aide, Immunizations (Infants, Children, Flu shots and Hepatitis B), Communicable Disease Control, School Nursing, Health Promotion, Environmental Health, Family Planning, Loan Closet (assistive devices).

### **Van Buren County Hospital & Rural Health Clinics (<https://vbch.org/>)**

304 Franklin St., Keosauqua, IA 52565 .....319-293-3171

24 Hour Emergency Department, Ambulance Service, Air Care, Outpatient Clinic, Inpatient Medical/Surgical Care, Specialty Clinics (Children's Health, Dermatology, ENT, Pain Management, Neurology, Orthopedics, Pediatric Dentistry, Podiatry, Pulmonology, Rheumatology, Urology), Cardiopulmonary Care & Rehabilitation, Physical/Occupational/Speech Therapy, Radiology, Infusion Services, Wound Care, Laboratory, Surgical Services, Skilled Nursing, Occupational Health and Safety, Wellness Programs, SHIP, Childcare Center, Parents As Teachers, Job Opportunities. Affiliated with Mercy One.

### **Van Buren County Hospital Rural Health Clinics**

Clinic Scheduling.....319-293-8732

Clinic Locations:

Birmingham Medical Clinic, 735 N HWY 1, Birmingham, IA 52535

Fox River Medical Clinic, 14983 275th St, Cantril, IA 52542

Farmington Medical Clinic 206 S. 4<sup>th</sup> St., Farmington, IA 52626

Keosauqua, VBCH 304 Franklin St., Keosauqua, IA 52565

(see list of providers on next page)

**Clinic Providers**

Dr. Dana Brecount, D.O.  
 Dr. Roger Millhouse, D.O.  
 Dr. Cheryl Quinn, D.O.  
 Kyla Yates, ARNP  
 Seaira Drish, ARNP  
 Augusta Kinkart, PA  
 Dianne Knapp, ARNP  
 Mindy Danielson, ARNP

**Specialty Providers**

Dr. Rashan Abid, MD, Dermatology  
 Dr. Rob Shaver, MD, Dermatology  
 Dr. Ryan Roe, General Surgery  
 Dr. Deborah Holte, Podiatry  
 Dr. Robert Jackson D.O., Rheumatology  
 Libby Dassow, PA-C, Rheumatology  
 Dr. Jennifer Berge, ENT  
 Dr. Robert Remis, Urology  
 Matt Bednarchik, DNP, CRNA, ARNP, NSPM-C, Anesthesia  
 Dr. Brian Darling, Pediatric Dentistry  
 Dr. Thomas Gorsche, MD, Orthopedic Surgery  
 Dr. Mohammad Jarbou, MD, Pulmonology/Sleep Medicine  
 Cheryll Jones, ARNP, Children's Mental Health

**Emergency Department Providers**

Dr. William Felegi, D.O.  
 David Lane, PA-C  
 Michael Quirk, PA-C  
 Jenny Mazza, ARNP  
**Hospital Providers**  
 Kristina Payne, ARNP  
 Carrie Smithhart, PA  
 SJ Merrit, ARNP

Dr. Iqbal Khan, MD, MS, Neurology  
 Dr. Tim Miller, MD, Pain Management

**WIC – (Women, Infants, Children) (<http://ahfa.org>)**

American Home Finding Association

333 Church St., Ottumwa, IA, 52501.....641- 682-8784 or 800-452-1098

Hours are Mon, Tues, Thurs, Fri 8:00 a.m. to 4:30 p.m., Wed. hours are 8:00 a.m. -6:30 p.m.

Van Buren County WIC Clinic: 308 Mulberry St. Keosauqua, IA 52565 on day of clinic only.

WIC helps new mothers and children at risk of poor nutrition. It provides healthy food, nutrition education, and referrals to other agencies to ensure babies and children grow up healthy.

**Dental Care****Roth & Norton Family Dentistry**

205 Franklin St. Keosauqua, IA.....319-293-3844

**River Hills Community Health Center Dental Clinic (accepts Medicaid)**

100 W. Main Street, Richland, IA 52585.....319-456-2045

**I-Smile Silver**

#3 John Bennett Drive, PO Box 1426, Ft. Madison, Iowa 52627.....319-372-5225

Program for at-risk adults and older Iowans in only ten counties modeled after I-Smile because of its widespread success. Lee County Health Department provides I-Smile Silver services for Des Moines, Lee, and Van Buren Counties.

**Eye Care****Ophthalmologists M.D.**

Wolfe Eye Clinic 1005 Pennsylvania Ave. #110, Ottumwa, IA 52501.....641-682-8571

**Optometrists O.D.**

Wolfe Eye Clinic, 100 S. 23<sup>rd</sup> St., Fairfield, IA 52556.....641-472-6151

Axis Vision Care, 2408 W. Burlington Ave, Fairfield, IA 52556.....641-472-6694

### **Other Hospitals and Care Facilities**

#### **Iowa Veterans Home (<https://dva.iowa.gov/iowa-veterans-home>)**

1301 Summit St., Marshalltown, IA 50158 .....641-752-1501

#### **University of Iowa Hospital & Clinics (<https://uihc.org/>)**

Iowa City, 200 Hawkins Dr. 52240 (General Information).....319-356-1616

Physician Referral & Health Information .....800-777-8442

#### **Veterans Administration Hospital (<https://www.va.gov>)**

3600 30th Street, Des Moines, IA 50310 .....515-699-5999

601 US-6, Iowa City, IA 52246.....319-338-0581

Ottumwa VA Clinic, 1020 N Quincy Ave Suite 1 Ottumwa. IA 52501.....641-683-4300

### **Medical Information**

#### **Social Security Administration (<https://www.ssa.gov/>)**

2429 Northgate Street, Ottumwa, Iowa 52501 .....800-772-1213

#### **Veterans Affairs (Van Buren County)**

404 Dodge Street P.O Box 475 Keosauqua, IA 52565 .....319-293-3793

Hours: Mon-Fri 8:00 a.m. to 4:30 p.m.

#### **Veterans Affairs (Des Moines Regional Office) (<https://www.benefits.va.gov/desmoines/>)**

210 Walnut St., Room 1063, Des Moines, IA 50309.....515-323-7464

### **Pharmacies**

#### **Wells Hometown Drug**

1547 Broad St., Keosauqua, IA 52565.....319-293-7757

Hours: Mon-Fri 7:15 a.m. to 5:30 p.m. and Sat 8 a.m. to 12 p.m.

#### **River Hills Pharmacy**

201 S. Market St, Ottumwa, IA 52501.....641-954-8305

Hours: Mon-Fri 9 a.m. to 5 p.m. (offers drug discount program)

### **HOSPICE**

#### **Great River Health Hospice.....319-768-3350**

1306 Washington Rd, West Burlington, IA 52655

Serving Lee, Van Buren, Des Moines, and Henry counties.

#### **Compassus Hospice**

Washington, IA Location: 119 East 2<sup>nd</sup> Street.....319-318-0343

Serves Davis, Des Moines, Henry, Jefferson, Keokuk, Lee, Louisa, Mahaska, Wapello, Washington, Van Buren counties.

#### **EveryStep Hospice**



118 N Main St, Mt. Pleasant, IA 52641 .....319-385-4472

**Good Samaritan Society-Hospice**

111 N. Quincy Ave., Suite 127 Ottumwa, IA 52501.....641-575-3868

Provides hospice services to Appanoose, Davis, Jefferson, Keokuk, Mahaska, Monroe, Van Buren and Wapello counties.

**HOUSING**

**Area XV Multi-County Housing Agency**

417 North College, PO Box 276, Agency, Iowa 52530 .....641-937-5222

**Center Village, Inc.**

19248 Maple Avenue - Keosauqua, IA 52565 .....319-293-3107

Residential care for persons with disabling mental and /or physical conditions due to illness, age, or disability.

**Keosauqua Health Care Center**

819 Country Lane Rd, Keosauqua, IA 52565 .....319-293-3761

**Emergency/Disaster Assistance (including food & clothing)**

**American Red Cross (<https://www.redcross.org/>)**

Southern Prairie Chapter – 408 E. Main St., Ottumwa, IA 52501 .....641-682-4571

**Iowa Health & Human Services (<https://hhs.iowa.gov/> )**

Courthouse- 404 Dodge St., Keosauqua, IA 52565 .....800-642-6249

**Sieda Community Action Neighborhood Center ([www.sieda.org](http://www.sieda.org))**

902 4th St., Keosauqua, IA 52565 .....319-293-3722

Sieda Community Action works with communities to secure opportunities for people in need through advocacy, counseling, education, partnerships, and supportive services.

**USDA Rural Development (<https://www.rd.usda.gov/>)**

Jefferson County – 605 S. 23<sup>rd</sup> St., Fairfield, IA 52556 .....641-472-2558

Hours M-F 8:00 to 4:30. Assist lower income families with purchase of homes. Assist lower income families to obtain housing. Assist very low-income homeowners to make essential repairs to homes. Can also assist with septic system installation or repairs if needed. (Must meet income guidelines) Help moderate-income families with a “guaranteed” housing program. Call for details.

**LEGAL**

**Miller, H. Craig (Van Buren County Attorney)**

P.O. Box 496, 903 4<sup>th</sup> St, Keosauqua, IA 52565 .....319-293-3755

**Westercamp, Steven**

107 Elm St, Farmington, IA 52626 .....319-878-3800

**Legal Aid- Iowa**

Southeast Regional Office

112 E. 3rd St., Ottumwa, IA .....641-683-3166

**Lynch Law Office**

718 1st St, Keosauqua, IA 52565 .....319-293-3306

**Attorney Referral Service of the Iowa Bar Association .....800-532-1108**

## LIBRARIES

Birmingham Public Library, 310 E. Main St.....	319-498-4423
Bonaparte Public Library, 602 8th St .....	319-592-3677
Cantril Public Library, 104 W. 3 <sup>rd</sup> St .....	319-397-2366
Farmington Public Library, 203 Elm St.....	319-878-3702
Keosauqua Public Library, 608 1 <sup>st</sup> St.....	319-293-3766
Milton Public Library, 422 N. Main St. ....	641-656-4611
Stockport Public Library, 113 Beswick St.....	319-796-4681

## MENTAL HEALTH COUNSELING (See also Substance Use)

### **Compassionate Counseling (<https://iowa-counseling.com/>)**

402 N. B St. Suite 104 Fairfield, IA 52556.....641-454-5054

### **Optimae Behavioral Health (<https://www.optimaelifeservices.com/>)**

301 W. Burlington, Fairfield, IA 52556.....641-472-7236

605 E. Winfield, Mt. Pleasant, IA 52641.....319-385-2830

308 Mulberry St, Keosauqua, IA 52565.....641-472-5771

Individual psychotherapy, marriage counseling, family therapy, psychiatric evaluations, medical management, critical incident stress debriefing, psychiatric services. After hours emergency services. Also provide in-home and community support.

### **R&R Counseling Solutions (<https://www.rrcsmentalhealth.com/>)**

709 1st St, Keosauqua, IA 52565.....319-293-3635

103 East Adams Street, Fairfield, IA 52556

Email.....rrcounselingsolutions@gmail.com

Phillip Davis- LMHC, NCC

Sara Jones, TLMHC, NCC

Casey Johnston, TMFT

Christina Cox, TMFT

### **Van Buren County Hospital Telehealth Psychotherapy**

Offered through University of Iowa Hospital program

To schedule an appointment call.....319-293-8732

### **Van Buren County Hospital Child Health Specialty Clinics**

For more information, call..... 641-682-8145

Cheryll Jones ARNP, CPNP, FAAP serves Iowa children and youth, birth through 21 years of age, who have, or are at risk of having, a special healthcare need. These special healthcare needs can include; chronic conditions like asthma or diabetes, behavioral or developmental disorders, and more complex medical needs. Services in Keosauqua at the Community Services Center on the first Tuesday of each month.

### **Heartland Counseling Services, LLC**

1401. S. Main St., Suite. 102 Fairfield, IA 52556.....712-213-2205

### **Heartland Pathways Inc. (<https://www.heartlandpathways.com/>)**

1626 Morgan St Suite 4, Keokuk, IA 52632 .....319-249-5777

Work with a wide range of emotional and behavioral issues providing services that span from therapy for depression and grief counseling to parenting support, couples counseling and more.

**American Home Finding Association (<http://ahfa.org>)**

217 E. 5<sup>th</sup> Street, Ottumwa IA 52501..... (641) 682-3449 or 800-290-0876

Individual, family, and marriage counseling. Counseling for unwed parents. Adoption services. Emergency Shelter Care for adolescents and girls group home. Title XIX not accepted.

**Crisis Center and Women's Shelter (<https://familycrisiscenteriowa.org/>)**

PO Box 446, Ottumwa IA 52501.....641-683-3122

Or toll free.....800-464-8340

Provides support for women and their children, including 24 hour crisis line, shelter from domestic abuse, sexual assault, and homelessness (safe, temporary housing), individual counseling and support, education and training, advocacy and referral. Support groups.

**First Resources Corporation**

710 Gateway Drive, Ottumwa, IA 52501.....641-682-8114

Hours are M-F 8:00 a.m. to 4:30p.m. Appointments can be made through the Fairfield or Ottumwa offices.

Individual and family counseling, sexual abuse treatment therapy, play therapy, foster care and adoption services, juvenile justice services, school-based services, independent living services. In-home substance abuse treatment services are also available. Also provides supportive and vocational services for adults with mental and/or physical disabilities. Fosters independence through community living skills, supported employment, supported community services, and residential services. Residential services include home and community-based services and community-supported apartment living arrangement.

**Coordination of Disability Services**

51 W. Briggs Ave Fairfield, IA 52556.....641-472-8637

Access point for assistance from county for mental health services.

**River Hills Jefferson County Behavioral Health Clinic (<https://www.riverhillshealth.org/behavioral-health/>)**

2000 S. Main St, Fairfield, IA 52556.....641-451-6380 (answered 24 hours daily)

Hours: M-Th 8:00 a.m.-6:00 p.m., Friday closed

**Southern Iowa Mental Health (<https://simhcottumwa.org/>)**

1527 Albia Rd, Ottumwa, IA 52501.....641-682-8772

Mobile Crisis Team (call 988 and request mobile crisis)

Offer crisis services through crisis unit for 18 years and older experiencing mental health crisis that is unable to be safely managed elsewhere. Offer 24-hour observation unit and contracts with 19 counties in southeast Iowa.

**PERSONS WITH DISABILITIES****Center Village, Inc.**

19248 Maple Avenue, Keosauqua, IA 52565 .....319-293-3107

Residential Care for persons with disabling mental and/or physical conditions due to illness, age, or disability.

**Great Prairie AEA**

2000 West Jackson, Fairfield, IA 52556

2814 N. Court Rd., Ottumwa, IA 52501 .....641-682-8591

Services to children with disabilities (birth - 21 years) to provide a free and appropriate education in the least restrictive environment.

**Van Buren County Community Services**

51 W. Briggs Ave Fairfield, IA 52556.....641-472-8637

Referral, information & authorization of funding for mental health services

### **Van Buren County Public Health Nursing Services**

404 Dodge St., PO Box 514, Keosauqua, IA 52565 .....319-293-3431

Toll free .....888-906-3431

Hours: 8:00 a.m. to 4:30 p.m. Medicare certified home care agency.

### **Van Buren Job Opportunities ([https://vbch.org/community/van\\_buren\\_job\\_opportunities/](https://vbch.org/community/van_buren_job_opportunities/))**

Located in the VBCH Community Services Center

308 Mulberry St. Keosauqua, IA 52565.....319-293-6276

Toll free .....800-221-6276

Hours M-F 8:00 a.m. to 4:00 p.m. Community-Based Vocational Assessments. Supported employment services for people with disabilities. Job enhancement services of job seeking skills training, career counseling, etc.

### **Vocational Rehabilitation Services (<https://ivrs.iowa.gov/welcome-ivrs>)**

15260 Truman St. Suite 4 Ottumwa, IA 52501.....641- 682-7569

Eligibility - Presence of disabling condition that causes a substantial handicap to employment and a determination that the individual will benefit vocationally from services.

## **SCHOOLS**

### **Van Buren County Community School District (<https://www.vbcwarriors.org/>)**

Harmony Center 33727 Route J40, Farmington, IA 52626.....319-592-3235

Douds Center 14574 Jefferson Street, IA 52551 .....319-293-3334

Van Buren Jr. / Sr. High School, 405 4th Street, Keosauqua, IA 52565 .....319-293-3334

District Office, 1313 1st St. Keosauqua, IA 52565.....319-293-3334

### **VBCH Child Care/Preschool**

Located in the Van Buren County Hospital Community Services Center

308 Mulberry St. Keosauqua, IA 52565.....319-293-3300

### **Head Start**

Sieda Community Action

725 W. 2nd Street Ottumwa IA 52504.....641-682-8741

Douds Elementary-3-year-old preschool.....641-936-4321 ext 2009

Harmony Elementary-3-year-old preschool.....319-592-3235 ext 4026

## **SENIOR CITIZENS**

### **SENECA Area Agency on Aging**

117 N Cooper Ave. #2, Ottumwa, IA 52501.....641-682-2270

109 E. Franklin St. Bloomfield, IA 52537.....641-664-1167

Toll free .....800-642-6522

For persons 60 or older: advocacy, transportation, outreach, information & referral

### **Senior Life Solutions-Van Buren County Hospital ([https://vbch.org/community/senior\\_life\\_solutions/](https://vbch.org/community/senior_life_solutions/))**

304 Franklin Street, Keosauqua, IA 52565.....319-293-8740

Outpatient group therapy program designed to meet the unique needs of adults typically 65 years of age and older struggling with symptoms of depression and anxiety often related to aging.

**Douds Community Center**

14159 Rte. V64, Douds, IA .....641-936-4711

**Farmington Senior Center/Community Center**

204 S. 4<sup>th</sup> St., Farmington, IA 52626.....319-878-3711

**Keosauqua Senior Center**

801 Front St., Keosauqua, IA 52565.....319-293-3789

Serve meals at 12:00 noon Mon – Thurs.

**Milton Senior Center/American Legion**

320 N Main St., Milton, IA 52570.....641-656-4979

**Milestones Area Agency**

623 E. Pennsylvania Ave Ottumwa, IA 52501.....641-682-2270

**Nursing Homes/Assisted Living****Keosauqua Health Care Center**

819 Country Lane Rd, Keosauqua, IA 52565 .....319-293-3761

**Home Care Agencies****Van Buren County Public Health**

404 Dodge St., Keosauqua, 52565-0514.....319-293-3431

Toll free .....888-906-3431

Hours: 8:00 a.m. to 4:30 p.m. Skilled Nursing Care, Homemaker/Home Health Aide, Environmental Health, Loan Closet (assistive devices), flu clinics for elderly, RN home visits, Medicare/Medicaid certified

**Home Health & Hospice Fort Madison (<https://www.greatriverhealth.org/our-locations/home-health-hospice-fort-madison/>)**

5445 Ave O, Suite 114, Ft. Madison, IA 52627 .....319-376-2166

Hours M-F 8:00 a.m. to 4:30. 24 hour service. Skilled Nursing, Rehabilitation Therapies, Social Worker, Home Care Aide and Companion/Homemaker and personal care available. Able to bill all payers including Medicare, Medicaid, Waivers, private insurance, and private pay.

**SunnyBrook Home Care (<https://sunnybrookhomecare.com/>)**

400 S Highland Street – Suite #102, Fairfield, IA 52556..... 641- 472-4808

Available 24/7. In home service for individuals recovering from an injury or illness at home. Offers medical care, personal care, rehabilitation services, homemaking services, psychiatric care, and pediatric care.

**Iowa Home Care (<https://iowahomecare.com/>)**

13133 Angle Road Ottumwa, IA 52501.....641-226-5050

In home service for individuals recovering from an accident, injury or illness at home. Offers medical care, personal care, rehabilitation services, and homemaking services.

**Social Security Administration (<http://ssa.gov>)**

2429 Northgate Street, Ottumwa, IA 52501 .....800-772-1213

Hours: Mon-Fri 9 a.m. to 4 p.m.

**Veterans Administration (<https://www.va.gov/>)**



Veterans Affairs-Keosauqua Courthouse.....319-293-3793  
Providing short term county assistance to qualifying county veteran, and assisting veterans in accessing state and federal veterans assistance  
Veteran’s Regional Office-210 Walnut St., Des Moines, IA 50318 .....800-827-1000

### **Iowa Veterans Home**

1301 Summit St, Marshalltown, IA 50158 .....641-752-1501  
.....800-645-4591  
Provides professional care for Iowa’s aging and chronically ill veterans & their spouses.

### **SUBSTANCE USE**

#### **Alcoholics Anonymous**

24 hour help line 800-839-1686  
Alcoholics Anonymous is a fellowship of people who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism.  
District 12 in Ottumwa, Iowa  
Right Group, St. Michael’s Church 202 E. Washington St. Mt. Pleasant, IA (Sun. @ 7 p.m., Tues. @ 7 p.m., Thurs. @ 7 p.m., and Sat. @ 9 a.m.)

#### **Quitline Iowa (<https://quitlineiowa.org/en-US>)**

.....800-784-8669  
Free tobacco cessation program. Offers phone + online, phone only, and online only services.

#### **First Resources Oak Meadow Residential Treatment Center (<https://www.firstresources.us/behavioral-health-services>)**

2942 Oak Meadow Drive, Ottumwa, IA 52501.....641-954-8925  
Alcohol/drug treatment, mental health services, substance use evaluation.

#### **First Resources Hope House (<https://www.firstresources.us/behavioral-health-services>)**

433 N Weller St, Ottumwa, IA 52501.....641-954-9924  
Specializes in providing residential drug and alcohol addiction treatment to pregnant women and individuals with children. Alcohol/drug treatment, mental health services, substance use evaluation.

#### **First Resources Outpatient Substance Use Programs (<https://www.firstresources.us/behavioral-health-services>)**

Ottumwa, IA.....641-682-8114  
First Resources Corp. offers Intensive and Extended Outpatient treatment services, for anyone ages 18 and older, who are interested in sobriety. These programs work on educational interventions to assist with working through individual roadblocks and develop structure for maintaining recovery.

#### **Sieda Community Action Behavioral Health and Treatment Services- (<https://www.sieda.org/behavioral-health-and-treatment-services/>)**

902 4<sup>th</sup> St. Keosauqua, IA 52565 .....641-683-6747  
Hours: Thurs. 8 a.m. to 12 p.m.

Counselor available-call for appointment.. Other services offered: Community assistance, alternative activities for youth, awareness campaigns, education/curriculum services, drug free workplace training, first- time teen offender classes, OWI education classes, and information programs.

Medication Assisted Treatment Clinic

330 W. Main St, Ottumwa, IA 52501.....641-683-6747

Hours: M-Fri 7:00 a.m.-12 p.m., Sat 8:00 a.m.-10 p.m.

### **Van Buren County Child Abuse Prevention Council & SAFE Coalition**

1313 1st St., Keosauqua, IA 52565 .....319-293-2579

The mission of the Van Buren County Child Abuse Prevention Council is to prevent child abuse and strengthen children and families by providing and enhancing service programs that provide family support and education; promoting child safety and preventing child abuse; educating the public about child abuse and its prevention; encouraging community involvement; advocating; and participating in and promoting collaborative and unduplicated efforts that strengthen families to protect and nurture children.

The Van Buren County SAFE Coalition seeks to stimulate community involvement to promote responsible behaviors among youth and adults; leading to SAFE (Substance Abuse Free Environment) and healthy communities.

Meetings held the 3rd Tuesday of each month at 12:00 p.m at the VBCH Community Services Center (Zoom)

### **SUPPORT GROUPS**

#### **Alcoholics Anonymous**

24 hour help line 800-839-1686

Alcoholics Anonymous is a fellowship of people who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism.

District 12 in Ottumwa, Iowa

Right Group, St. Michael's Church 202 E. Washington St. Mt. Pleasant, IA (Sun. @ 7 p.m., Tues. @ 7 p.m., Thurs. @ 7 p.m., and Sat. @ 9 a.m.)

#### **Heartland Pathways Inc. (<https://www.heartlandpathways.com/>)**

1626 Morgan St Suite 4, Keokuk, IA 52632 .....319-249-5777

Work with a wide range of emotional and behavioral issues providing services that span from therapy for depression and grief counseling to parenting support, couples counseling and more.

#### **Senior Life Solutions-Van Buren County Hospital**

304 Franklin Street, Keosauqua, IA 52565..... 319-293-8740

Outpatient group therapy program designed to meet the unique needs of adults typically 65 years of age and older struggling with symptoms of depression and anxiety often related to aging.

#### **Domestic Violence Intervention Program/Rape Victim Advocacy Program (<https://dvpiowa.org/>)**

1105 S. Gilbert Court, Iowa City, IA, 52240 (Main Office)

24 Hour Hotline TTY& Interpretation services available .....800-373-1043

Provide comprehensive support and advocacy services to victim-survivors of domestic and sexual abuse, dating violence, stalking, and human trafficking, focusing on immediate and long-term safety, empowerment, dignity, and hope. Support for victim-survivors and their loved ones is available in Johnson, Iowa, Cedar, Des Moines, Henry, Lee, Van Buren and Washington Counties.

#### **Van Buren County Youth Leadership Council**

308 Mulberry St., Keosauqua, IA 52565 .....319-293-8701

Middle school and high school youth led group that meets 1-2 times a month to participate in activities surrounding tobacco, nicotine, drug, and alcohol prevention. Meetings held at the Van Buren County Community Middle School/High School.

#### **Van Buren Parents as Teachers (VBPAT)**

Located in the VBCH Community Services Center 308 Mulberry St. Keosauqua, IA 52565  
Parents as Teachers .....319-293-6276  
Toll free .....800-221-6276

Sponsored by the Van Buren County Hospital and Lee/Van Buren Children First Early Childhood Iowa and Prevent Child Abuse Iowa. For families with children prenatal to 5 years of age who live in Van Buren County. In-home visitation program to educate parents, sponsor parent/child group meetings; provide developmental screenings and referral resources. Insurance and application process, and coordinates the Reach out and Read literacy program. NEST focuses education for pregnant women and for families with children under 3 years old. Incentives are offered that allows families to earn points to be used in the NEST store for items such as: diapers, lotions, baby clothing, books, videos, and infant furniture.

## TRANSPORTATION

### **10-15 Transit Administration (<https://www.1015transit.com/>)**

408 E Main St, Ottumwa, IA 52501.....641-683-2024

Office hours: 8 a.m.-4:30 p.m.

State and federally-funded public transportation system. All services are open to the general public, including persons with disabilities. Riders may use the bus for nearly any purpose: grocery shopping, medical and dental visits, congregate meals, going to work or school or personal business.

## WOMEN'S HEALTH/SEXUAL HEALTH

### **River Hills Community Health Center (<https://www.riverhillshealth.org/>)**

For PrEP:.....641-455-5431

For STI/HIV testing and treatment..... 641-455-5431

For assistance with insurance application (not including Medicare).....641-683-5773 ext 1108

201 S. Market St., PO Box 458, Ottumwa, IA 52501

Services include variety of methods for birth control, pregnancy testing and referral, STI/HIV testing and treatment, PrEP) preventative medication to reduce risk of getting HIV for people with high risk, Ryan White HIV/AIDS Program case management, annual exams and screening for cervical and breast cancer, basic infertility screening and referral, evaluation and treatment of other reproductive conditions (problem periods, yeast, urinary tract or vaginal infections, menopause, endometriosis PCOS, etc.)

### **Integrated Testing Services**

Molly Willams, LPN Prevention Specialist.....319-383-3621

Free HIV and STI testing including rapid tests, same day preliminary results, confirmatory lab draw upon preliminary positive, test result education, and safe sex and harm reduction supply distribution.

### **WIC – (Women, Infants, Children) (<http://ahfa.org>)**

Main Office: 333 Church St., Ottumwa, IA, 52501 .....641- 682-8784

.....800-452-1098

308 Mulberry St. Keosauqua, IA 52565 on day of clinic only. Call for day of clinic dates and hours.

Supplemental nutrition program for babies, children under the age of 5, pregnant women, breastfeeding women, and women who have had a baby in the last 6 months. WIC helps families by providing healthy foods, nutrition education, and referrals to other health care agencies.

## UTILITIES

**Iowa One-Call**.....800-292-8989

To locate underground facilities such as gas, electric, and sewer lines. ....Or dial 811

## **Electric & Natural Gas**

### **Alliant Energy (<https://www.alliantenergy.com/>)**

2901 Oak Meadow Dr, Ottumwa, IA 52501.....800-255-4268

### **Access Energy (<https://www.accessenergycoop.com/>)**

1800 W Washington St, Mt. Pleasant IA 52641.....319-385-1577

Toll free.....866-242-4232

### **Keosauqua Light & Power**

1301 Broad St., Keosauqua, IA 52565.....319-293-3406

(After Hours) .....319-293-3864

### **Southern Iowa Electric Co-op (REC) (<https://sie.coop/>)**

22458 Hwy 2, Bloomfield, IA 52537.....641-664-2277

Or toll free .....800-607-2027

## **Phone Service**

### **Van Buren Telephone Co. (<http://vbtelco.com>)**

(Serves Birmingham, Bonaparte, Cantril, Keosauqua, Mt. Sterling & Stockport)

617 1st St., Keosauqua, IA 52565 .....319-293-3187

(After Hours) .....319-293-7700

### **Windstream (<https://www.windstream.com/>)**

Customer Service Number .....877-901-4692

## **Propane Gas**

### **B & B Gas Corporation (<https://bbpropane.com/>)**

101 N 2nd St, Pulaski, IA 52584 .....641-675-3354

515 Main St, Houghton, IA 52631.....319-469-4511

### **Ferrellgas (<https://www.ferrellgas.com/>)**

20680 Hwy 1 N. Keosauqua, IA 52565.....888-337-7355

## **GOVERNMENT**

### **City Offices**

Birmingham City Hall, 511 E. Cedar St., Birmingham, IA 52535 .....319-498-4296

Bonaparte City Hall, 103 Main St., Bonaparte, IA 52620.....319-592-3400

Cantril City Hall, 104 W. 3<sup>rd</sup> St., Cantril, IA 52542.....319-397-2295

Farmington Town Hall, 203 Elm, Farmington, IA 52626.....319-878-3711

Keosauqua Town Hall, 201 Main Smilton, Keosauqua, IA 52565 .....319-293-3536

Milton City Hall, 319 N. Main St. Milton, IA 52570.....641-656-4454

Stockport City Hall, 212 S. Main St., Stockport, IA 52651.....319-796-2135

### **County Offices**

Conservation Board .....319-293-3589

Assessor .....319-293-3001

Attorney .....319-293-3755

Auditor .....319-293-3129

Board of Supervisors .....	319-293-3129
Clerk of Court .....	319-293-3108
Extension Service .....	319-293-3039
General Assistance.....	319-293-3793
Public Health .....	319-293-3431
Recorder.....	319-293-3240
Recycling Center .....	319-293-3692
County Sanitarian.....	319-293-3431
Sheriff.....	319-293-3426
Natural Resources Conservation Service .....	319-293-3371
Treasurer .....	319-293-3110
Treasurer/Auto Dept.....	319-293-3450
Veteran Affairs.....	319-293-3793
Engineer/Highway Department.....	319-293-6222
Emergency Management.....	641-919-1381

## STATE

Iowa Department of Veterans Affairs .....	515-252-4698
7105 NW 70 <sup>th</sup> Ave., Camp Dodge Bldg., Johnston, IA 50131-1824 .....	800-838-4692

## FEDERAL

Citizenship and Immigration Services ( <a href="https://www.uscis.gov/">https://www.uscis.gov/</a> ).....	800-375-5283
Internal Revenue Service ( <a href="https://www.irs.gov/">https://www.irs.gov/</a> ).....	800-829-3676
Social Security Administration ( <a href="https://www.ssa.gov/">https://www.ssa.gov/</a> ) 2429 Northgate Street, Ottumwa IA 52501.....	641-682-8501
.....	800-772-1213

## ZIP CODES

Birmingham.....	52535
Bonaparte .....	52620
Cantril.....	52542
Douds .....	52551
Fairfield .....	52556
Farmington.....	52626
Keosauqua.....	52565
Mount Sterling.....	52573
Milton.....	52570
Ottumwa .....	52501
Stockport.....	52651

## INFORMATION HELPLINES AND WEBSITES

AIDS/HIV Hotline (Iowa).....	800-448-0440
Alcoholics Anonymous (meetings in your area) .....	866-210-1303
Alzheimer's Association .....	800-272-3900



American Cancer Society .....	800-227-2345
American Kidney Fund.....	800-638-8299
American Lung Association of Iowa .....	515-309-9507
Substance Abuse & Addiction Hotline .....	844-289-0879
Child Abuse Hotline, Iowa.....	800-362-2178
COMPASS, Iowa (for disabled & their families) .....	800-779-2001
Cyber Tipline (report exploitation of children on Internet).....	800-843-5678
Domestic Violence Hotline, National.....	800-799-7233
Domestic Abuse Hotline (Iowa) .....	800-770-1650
Families Answer Line (Iowa) .....	800-262-3804
Foundation II Crisis Line - 24 hrs a day (Full Service Crisis Line).....	319-362-1170
Gambling Hotline .....	800-426-2537
Girls & Boys Town National Hotline.....	800-448-3000
HAWK-I .....	800-257-8563
Healthy Families (Iowa: prenatal health care).....	800-369-2229
Iowa HHS, Your Life Iowa (alcohol/drug/gambling problems and suicide prevention) .....	call: 855-581-8111 or text 855-895-8398
IRS (Federal Income Tax info) .....	800-829-1040
Iowa State Patrol (non-emergency).....	800-525-5555
National Center for Missing & Exploited Children.....	800-843-5678
National Runaway Safeline.....	855-986-2156
National Poison Control.....	800-222-1222
Rape, Abuse, & Incest National Network (RAINN) .....	800-656-4673
Sexual Abuse Hotline (Iowa) .....	800-284-7821
Social Security Administration .....	800-772-1213
Suicide & Crisis Lifeline.....	988
Quitline Iowa.....	800-784-8669
Weather & Road Information, Iowa .....	511
Iowa Coalition Against Sexual Assault ( <a href="https://www.iowacasa.org/">https://www.iowacasa.org/</a> ).....	515-244-7424
Iowa Sex Offender Registry ( <a href="https://www.iowasexoffender.gov/">https://www.iowasexoffender.gov/</a> ).....	515-725-6050
Prevent Child Abuse Iowa ( <a href="https://pcaiowa.org/">https://pcaiowa.org/</a> ).....	515-224-2200