

Dear Parent,

Our records indicate that your child is due for their annual Wellness Exam.

During your child's visit, your provider will review their personal health and habits.

They will also determine if your child needs any immunization and/or make other recommendations.



You can schedule your child's Wellness Exam at any of our four clinics: Birmingham, Cantril-Fox River, Farmington or Keosauqua. Please call our direct scheduling number **319-293-8732** between the hours of 8:30am and 4:30pm or schedule online with MyChart!

YOUR CHILD'S HEALTH IS IMPORTANT TO US!

Most insurances cover these wellness visits, but please check with your personal insurance to make sure you are covered.





## Are you signed up for Parents as Teachers?

Van Buren Parents as Teachers is a program that serves all families who live in Van Buren County and are expecting a child or have a newborn child to Kindergarten entry.



Parents as Teachers is a FREE early learning evidence-based program, designed to enhance child development and school achievement through:

- \* Personal In-home Visits
- \* Developmental Screenings
- \* Group Connections
- \* Community Resources

If you would like to learn more or sign up for Parents as Teachers give us a call at (319) 293-6276 or outside of our local calling area (800) 221-6276.



www.vbch.org