

Identified Need		Goal	Strategies	Action Cycle	Responsible Party	Completion Date	Current Status
Access to Care	Mental Health	1. Mental Health- Decrease number of poor mental health days reported on the County Health Rankings from 3.9 days to 3 days by June 2023.	Continue attending SEIL meetings	Report updates to those pertinent to information	VBCH & Public Health		
			Increase the awareness of the services available in VBC	Educate VBCH Providers, nurses and staff about available services	VBCH		
			Increase early interventions	Provide Postpartum Depression Screenings during well baby visits and home visits	VBCH clinic and VBPAT		
			Continue rural veteran population health screenings	Provide information at the Kids Fair	VBC Child Abuse Prevention Council		
			Improve education on mental health	Provide Mental Health Educational Fair	VBCH Population Health and SLS		
			Support Children's Mental Health and Wellbeing Collaborative (CMHWC)	Report updates to those pertinent to information	VBCH & VBCCS		
			Attend Van Buren County VA Breakfast	Report updates to those pertinent to information	VBCH Poplulation Health		
	Transportation	2. Transportation - Decrease the number of residents reporting transportation as an issue on the Community Health Needs Assessment survey from 10.8% in 2021 to 8% in 2023.	Make the services better known	Add how to access transportation to local websites	VBCH, Public Health and others		
			Develop understanding of how to use the transportation services available	Provide information at Kids Fair	10-15 Transit, VBC Child Abuse Prevention Council		
				Provide ambulance availability for transportation for skilled patients to appointments	VBCH		
Services	3. Reduce amount of people going out of county for services for primary care from 32% in 2021 to 25% in 2023 and medical specialists from 52% in 2021 to 45% in 2023. Reported on the Community Helath Needs Assessment Survey.	Evaluate needed services and sources of available providers	Promote providers and services to VA clients	VBCH Population Health and VBCH			

Chronic Disease	Wellness	1. Overall Wellness. Increase Wellness visits at VBCH Clinic by 10% in 2023 from 1,502 visits in 2021 to 1652 in 2023.	Promote Wellness Visits at VBCH to residents	Create promotional materials about wellness visits.	VBCH Clinic		
			Increase awareness of fitness opportunities	Increase promotion of free fitness centers	Healthy Villages		
				Educate residents on walking trails through Healthy Villages	Healthy Villages		
			Increase awareness of MyChart	Promote access to care through MyChart. Schedule appointment, view health information and more.	VBCH		
	Diabetes	2. Diabetes- Case manage 20 patients for a minimum of 1 year to reduce or maintain hemoglobin A1c less than 7.0%	Promote the DM Population Health program available through VBCH.	Screen patients who have not had a recent A1c or A1c less than 7.0%.	VBCH		
			A minimum of quarterly follow-up appointments with patients who are in the Diabetes Population Health Program	Mail DM questionnaire to patients who were screened	VBCH		
Cancer Detection	3. Cancer Detection- Increase the number of early detection screenings by 3% each in 2023. There were 393 Mammograms and 140 Colonoscopies completed in 2021 at VBCH.	VBCH send out reminders to patients for well visits	Update system to send out wellness screening reminders	VBCH & Public Health			
Healthy Weight	Kids	1. Increase the percentage of 2 nd graders with a normal weight BMI from 22% in 2018 to 50% in 2023	Increase awareness of well child visits	Promote at Kids Fair	VBCH		
			Promote youth physical activity opportunities	VBC youth sports, swimming lessons, dance classes and walking trails.	Healthy Villages		
			Create a tracking system of BMI for youth.	Work with the school to create a program that tracks 2nd graders BMI.	Van Buren School Physical Education Teachers, Healthy Villages		
	Obesity	2. Reduce the number of overweight/obese adults in VBC from 33% in 2021 to 23% in 2023 reported by the County Health Rankings	Promote adult physical activity opportunities	VBC Trails, exercise classes, and fitness centers	Healthy Villages		

Early Childhood Intervention	Well Child	1. Overall Wellness. Increase Wellness visits at VBCH Clinic by 10% in 2023 from 1,502 visits in 2021 to 1652 in 2023.	Increase awareness of well-child visits	Promote at Kids Fair	VBCH		
			Send reminders of well-child visits	Promote during Sports Physicals	VBCH		
				System for reminders	VBCH		
	Lead Level	2. Lead Levels- Increase the number of children 3 year olds not tested for blood lead levels from 85% in 2021 to 75% in 2023 reported with VBCH Epic system.	Lead reminders/follow-up system	Promote at Kids Fair	VBCH, Van Buren School Nurses		
	Immunizations	3. Immunizations- Increase the number of 3 year olds not up to date on their immunizations from 65% in 2021 to 75% in 2023 as reported from VBC Public Health.	Increase awareness of well-child visits	Promote at Kids Fair	VBC Public Health		
			Send reminders of well-child visits	System for reminders	VBCH		
			Continue vaccination clinics	Promote vaccination clinics	VBC Public Health		
	Teen Health	Teen Birth- Lower number of teen births from 12 in 2021 to 6 in 2023 as reported by the County Health Rankings	Promote preventive methods	Promote free condoms at Public Health	VBCH Public Health		
				Promote Birth Control options	VBCH and Riverhills		
Educate teens on health related topics.			Classroom Education in 5th & HS	VBCH & Riverhills			
Mental Health		Mental Health- Reduce the number of 8th graders who report feeling so sad or hopeless almost every day for 2 weeks or more in a row that they stop doing some of their usual activities from 22% in 2021 to 15% in 2023 as reported on the Iowa Youth Survey.	Ensure that all K-12 students receive evidence-based and high-impacting SEL instruction.	Implement Satchel Pulse at all grade levels	VBCC School		
			Continue the YLC program at Van Buren Schools	Hold Monthly YLC meetings at the middle school and high school	VBCH, Safe Coalition		

Ter	Tobacco	Nicotine use- Decrease the percentage of 11 th graders who state they have used a tobacco/nicotine product in the last 30 days from 17% in 2021 to 12% in 2023 based on the Iowa Youth Survey.	Create Nicotine and Alcohol Free Park Policies	Educate city councils on Nicotine and alcohol policies	VBCH		
			Increase referrals to Nicotine Intervention	Train med staff and providers on how to talk to youth and adults patients about quitting and making referrals	VBCH		
	Alcohol	Substance Abuse- Decrease percentage of 11 th graders who state they have had at least one drink in the past 30 days from 20% in 2021 to 15% in 2023 based on the Iowa Youth Survey.	Continue the YLC program at Van Buren Schools	Hold Monthly YLC meetings at the middle school and high school	VBCH, Safe Coalition		